



CARIES CONTROL: CAVITIES

IN OFFICE TREATMENT:

Vanish Fluoride Varnish: Provides long-term protection against cavities

AT HOME TREATMENT:

Chlorhexadine: Kills all bad bacteria

- Rinse twice a day for four days

Control RX: Inhibits plaque buildup, strengthens teeth, and increases resistance to decay

- Use once a day before sleeping at night.
- DO NOT eat, drink, or rinse for 30 minutes after use*

Xylitol gum/mints: Stimulates saliva to neutralize acids in the mouth responsible for causing decay

◆ *Theragum/Theramints: 100% Xylitol*

- Use three to five pieces per day
- Chew one piece after each meal or a snack
- Chew for at least five minutes then discard

◆ *Trident with Xylitol*

◆ *Orbits with Xylitol*

WEB LINKS:

Xylitol: <http://www.dentist.net/xylitol.asp>

Fluoride Varnish: <http://jada.ada.org/cgi/content/abstract/131/5/589>