ABINGTON FAMILY DENTAL CARE

781.878.2190 477 Washington St. Abington, MA 02351

Dr. Michael Thomas Jr., D.D.S.

POST-OPERATIVE INSTRUCTIONS FOR LASER PERIODONTAL SURGERY

•	Schedule a follow-up appointment with Dr. Thomas for a 2-3 week check-up
•	Finish all antibiotics as prescribed by Dr. Thomas
•	Avoid flossing your teeth for 2 weeks
•	Choose soft foods for approximately 4 days
•	Do not brush your teeth for 4 days
•	Use Micro-sponge brushes to clean your teeth instead of a toothbrush
•	Avoid food/drinks that are too hot or cold while anesthetized
•	Rinse with the Tooth and Gum Tonic as you normally would with regular mouthwash

Any questions/problems, please call the office at 781-878-2190

abing ton family dental care. com

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