



***POST-OPERATIVE INSTRUCTIONS FOR
LASER PERIODONTAL SURGERY***

- Schedule a follow-up appointment with Dr. Thomas for a 2-3 week check-up
- Finish all antibiotics as prescribed by Dr. Thomas
- Avoid flossing your teeth for 2 weeks
- Choose soft foods for approximately 4 days
- Do not brush your teeth for 4 days
- Use Micro-sponge brushes to clean your teeth instead of a toothbrush
- Avoid food/drinks that are too hot or cold while anesthetized
- Rinse with the Tooth and Gum Tonic as you normally would with regular mouthwash

Any questions/problems, please call the office at 781-878-2190